

# CONFIDENTIAL PEDIATRIC PATIENT INFORMATION

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_ City, Province

\_\_\_\_\_ Postal Code

Telephone Home: (\_\_\_\_) \_\_\_\_\_

Mother Alternate Phone: (\_\_\_\_) \_\_\_\_\_ e-mail: \_\_\_\_\_

Father Alternate Phone: (\_\_\_\_) \_\_\_\_\_ e-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ (DD/MM/YY) Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

How were you referred to Waterloo North Chiropractic? \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

*If there is an injury that is to be covered by automobile insurance, please inform the receptionist.*

Office Use Only:

Consent			Info	
Chiro		GT		
		Laser		
		Acu		



Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_(DD/MM/YY)

**Patient Information:**

Current Height: \_\_\_\_\_(ft)\_\_\_\_\_(in)      Current Weight: \_\_\_\_\_(lbs)

Birth Height: \_\_\_\_\_(ft)\_\_\_\_\_(in)      Birth Weight: \_\_\_\_\_(lbs)

Handedness:

- Right    Left    Both    Don't know yet

Sleep: \_\_\_\_\_ Hours per night

- On back    On Side    On Stomach

Type of bed: \_\_\_\_\_

**Birth History**

Birth Type:

- Normal Vaginal    Forceps    Vacuum    Breech    Cesarean
- Home    Birthing Center    Hospital

Describe pregnancy (ie. problems, medications, etc.):

\_\_\_\_\_  
\_\_\_\_\_

Were there any drugs used for delivery? If so, please list: \_\_\_\_\_

APGAR Scores: \_\_\_\_\_

Duration of gestation: \_\_\_\_\_ weeks

Was there presence at birth of:

- Jaundice (yellow)                       Cyanosis (blue)

Describe any congenital anomalies/ defects: \_\_\_\_\_

\_\_\_\_\_

**Developmental History**

At what age did the child:

- Respond to sound \_\_\_\_\_
- Notice an object \_\_\_\_\_
- Hold up head \_\_\_\_\_
- Roll \_\_\_\_\_
- Sit alone \_\_\_\_\_
- Crawl \_\_\_\_\_
- Stand \_\_\_\_\_
- Walk alone \_\_\_\_\_

Has the child had any of the following childhood diseases?:

- Chickenpox    Mumps    Measles    Rubella (German Measles)
- Whooping Cough    Other: \_\_\_\_\_

Was the child breast-fed? \_\_\_\_\_ If yes, for how long? \_\_\_\_\_



Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_(DD/MM/YY)

**Current Condition**

*If the child has a specific condition, please complete the questions below otherwise proceed to the next section of the form.*

What is the major complaint? \_\_\_\_\_

How long has he or she had this condition? \_\_\_\_\_

Did it begin:

suddenly

gradually

Is the condition:

getting better

getting worse

consistent

comes and goes

Is there pain:

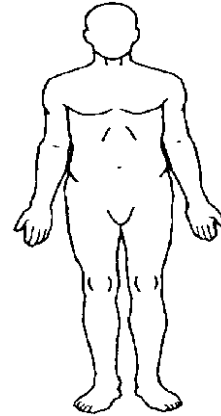
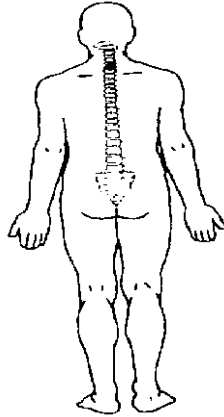
at night

on coughing &/or sneezing

Describe if the pain travels: \_\_\_\_\_

Please mark the area(s) of concern using the symbols that you feel best describe what the child is experiencing:

- Numbness - - - - -
- Burning # # # # #
- Stabbing + + + + +
- Pins & Needles : : : : :
- Aching \* \* \* \* \*
- Stiff / Tight / / / / /



Place an "X" on the line to indicate the amount of pain/discomfort associated with the child's condition:

No Pain [0.....1.....2.....3.....4.....5.....6.....7.....8.....9.....10] Worst Pain Ever

What activities or positions cause aggravation? \_\_\_\_\_

What activities or positions provide relief? \_\_\_\_\_

Please describe any past episodes: \_\_\_\_\_

If there was an injury or event that lead up to this condition, please describe: \_\_\_\_\_

If any health practitioner has previously treated him or her for this condition, please specify:

Location: \_\_\_\_\_ When: \_\_\_\_\_

Nature of Treatment: \_\_\_\_\_

Other areas of concern: \_\_\_\_\_



Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_(DD/MM/YY)

**Health History**

Please indicate any current or past conditions:

GENERAL

allergies /food sensitivities \_\_\_\_\_  
depression \_\_\_\_\_  
dizziness \_\_\_\_\_  
fainting \_\_\_\_\_  
fatigue \_\_\_\_\_  
fever \_\_\_\_\_  
headaches \_\_\_\_\_  
loss of sleep \_\_\_\_\_  
loss of weight \_\_\_\_\_  
nervousness \_\_\_\_\_  
sweats \_\_\_\_\_  
tremors \_\_\_\_\_

MUSCLE AND JOINT

arthritis \_\_\_\_\_  
bursitis \_\_\_\_\_  
clumsiness \_\_\_\_\_  
hernia \_\_\_\_\_  
low back pain \_\_\_\_\_  
neck pain/stiffness \_\_\_\_\_  
shoulder pain \_\_\_\_\_  
pain in arms or hands \_\_\_\_\_  
pain in legs or feet \_\_\_\_\_  
sciatica \_\_\_\_\_  
spinal curvature \_\_\_\_\_  
swollen joints \_\_\_\_\_  
weakness \_\_\_\_\_

GASTROINTESTINAL

colitis \_\_\_\_\_  
constipation \_\_\_\_\_  
diarrhea \_\_\_\_\_  
difficult digestion \_\_\_\_\_  
gall bladder problems \_\_\_\_\_  
heart burn \_\_\_\_\_  
hemorrhoids \_\_\_\_\_  
jaundice/liver problems \_\_\_\_\_  
nausea/vomiting \_\_\_\_\_  
pain over stomach \_\_\_\_\_

EYE/EAR/NOSE/THROAT

asthma \_\_\_\_\_  
colds \_\_\_\_\_  
deafness \_\_\_\_\_  
double vision \_\_\_\_\_  
earaches/ear discharge \_\_\_\_\_  
ear ringing/buzzing \_\_\_\_\_  
enlarged glands \_\_\_\_\_  
blurred vision \_\_\_\_\_  
enlarged thyroid \_\_\_\_\_  
eye pain \_\_\_\_\_  
near or far sightedness \_\_\_\_\_  
hoarseness \_\_\_\_\_  
nose bleeds \_\_\_\_\_  
sinus infection \_\_\_\_\_  
slurred speech \_\_\_\_\_  
hay fever \_\_\_\_\_  
sore throat \_\_\_\_\_

CARDIOVASCULAR

hardening of arteries \_\_\_\_\_  
high blood pressure \_\_\_\_\_  
low blood pressure \_\_\_\_\_  
pain over heart \_\_\_\_\_  
poor circulation \_\_\_\_\_  
rapid heart beat \_\_\_\_\_  
slow heart beat \_\_\_\_\_  
swelling of ankles \_\_\_\_\_  
cold hands/feet \_\_\_\_\_

RESPIRATORY

chest pain \_\_\_\_\_  
chronic cough \_\_\_\_\_  
difficulty breathing \_\_\_\_\_  
wheezing \_\_\_\_\_

SKIN

bruise easily \_\_\_\_\_  
varicose veins \_\_\_\_\_

GENITO URINARY

bed wetting \_\_\_\_\_  
frequent urination \_\_\_\_\_  
inability to control \_\_\_\_\_  
painful urination \_\_\_\_\_  
prostate trouble \_\_\_\_\_

Obstetrician / Midwife: \_\_\_\_\_

Pediatrician / Family MD: \_\_\_\_\_

Date of last visit to MD: \_\_\_\_\_ Purpose: \_\_\_\_\_

Describe any previous chiropractic care (if applicable):

Location: \_\_\_\_\_ When: \_\_\_\_\_

If the child has ever been hospitalized, please specify:

Location: \_\_\_\_\_ When: \_\_\_\_\_

Nature of Treatment: \_\_\_\_\_

Has the child ever had any x-rays taken?

No  Yes... What areas of the body? \_\_\_\_\_

Has the child ever:

used a crutch / cane/ support

had a fractured bone

had any sprains or strains



Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_(DD/MM/YY)

What medication has the child taken in the last 3 months?

- Muscle Relaxant
- Pain Killers
- Anti-Inflammatories
- Sedative
- Antibiotics
- Insulin
- Antacids
- Vitamins
- Natural Therapies

Other: \_\_\_\_\_

Please describe the child’s nutrition and eating habits:

\_\_\_\_\_

Please describe the child’s activity level:

\_\_\_\_\_

**Family History**

Has anyone in your family had any of the following conditions?

	Relationship		Relationship
<input type="checkbox"/> Ankylosing spondylitis	_____	<input type="checkbox"/> Diabetes (type?)	_____
<input type="checkbox"/> Autoimmune disorder	_____	<input type="checkbox"/> Back Pain	_____
<input type="checkbox"/> Arthritis/Rheumatism	_____	<input type="checkbox"/> Multiple Sclerosis	_____
<input type="checkbox"/> Headaches	_____	<input type="checkbox"/> Muscular Dystrophy	_____
<input type="checkbox"/> High Blood Pressure	_____	<input type="checkbox"/> Stroke	_____
<input type="checkbox"/> Low Blood Pressure	_____	<input type="checkbox"/> Scoliosis	_____
<input type="checkbox"/> Cardiac Problems	_____	<input type="checkbox"/> Cancer (type?)	_____

Chiropractic is beneficial for restoring, maintaining and improving health and wellness. Please indicate the goals you wish your child to achieve by visiting this clinic:

- Dealing with current health problem
- Maintaining health
- Improvement of health

**Consent to Consultation and Examination**

*I consent to consultation and examination to determine if chiropractic treatment would be beneficial for my child. I understand that the examination may cause some tenderness and/or discomfort, but that it will be short-lived.*

*As of today’s date, I have the legal right to select and authorize health care services for the minor child named below. The consent of a spouse, former spouse, or other parent is not required. If my authority to so select and authorize this care should be revoked or modified in any way, I will notify this office immediately.*

\_\_\_\_\_  
Child’s Name (please print)

\_\_\_\_\_  
Parent/Guardian’s Name (please print)

\_\_\_\_\_  
Parent/Guardian’s Signature

\_\_\_\_\_  
Date



# CONSENT TO CHIROPRACTIC TREATMENT

It is important for you to consider the benefits, risks and alternatives to the treatment options offered by your chiropractor and to make an informed decision about proceeding with treatment.

Chiropractic treatment includes adjustment, manipulation and mobilization of the spine and other joints of the body, soft-tissue techniques such as massage, and other forms of therapy including, but not limited to, electrical or light therapy and exercise.

## Benefits

Chiropractic treatment has been demonstrated to be effective for complaints of the neck, back and other areas of the body caused by nerves, muscles, joints and related tissues. Treatment by your chiropractor can relieve pain, including headache, altered sensation, muscle stiffness and spasm. It can also increase mobility, improve function, and reduce or eliminate the need for drugs or surgery.

## Risks

The risks associated with chiropractic treatment vary according to each patient's condition as well as the location and type of treatment.

The risks include:

- **Temporary worsening of symptoms** – Usually, any increase in pre-existing symptoms of pain or stiffness will last only a few hours to a few days.
- **Skin irritation or burn** – Skin irritation or a burn may occur in association with the use of some types of electrical or light therapy. Skin irritation should resolve quickly. A burn may leave a permanent scar.
- **Sprain or strain** – Typically, a muscle or ligament sprain or strain will resolve itself within a few days or weeks with some rest, protection of the area affected and other minor care.
- **Rib fracture** – While a rib fracture is painful and can limit your activity for a period of time, it will generally heal on its own over a period of several weeks without further treatment or surgical intervention.
- **Injury or aggravation of a disc** – Over the course of a lifetime, spinal discs may degenerate or become damaged. A disc can degenerate with aging, while disc damage can occur with common daily activities such as bending or lifting. Patients who already have a degenerated or damaged disc may or may not have symptoms. They may not know they have a problem with a disc. They also may not know their disc condition is worsening because they only experience back or neck problems once in a while.

Chiropractic treatment should not damage a disc that is not already degenerated or damaged, but if there is a pre-existing disc condition, chiropractic treatment, like many common daily activities, may aggravate the disc condition.

- The consequences of disc injury or aggravating a pre-existing disc condition will vary with each patient. In the most severe cases, patient symptoms may include impaired back or neck mobility, radiating pain and numbness into the legs or arms, impaired bowel or bladder function, or impaired leg or arm function. Surgery may be needed.



- **Stroke** – Blood flows to the brain through two sets of arteries passing through the neck. These arteries may become weakened and damaged, either over time through aging or disease, or as a result of injury. A blood clot may form in a damaged artery. All or part of the clot may break off and travel up the artery to the brain where it can interrupt blood flow and cause a stroke.

Many common activities of daily living involving ordinary neck movements have been associated with stroke resulting from damage to an artery in the neck, or a clot that already existed in the artery breaking off and travelling up to the brain.

Chiropractic treatment has also been associated with stroke. However, that association occurs very infrequently, and may be explained because an artery was already damaged and the patient was progressing toward a stroke when the patient consulted the chiropractor. Present medical and scientific evidence does not establish that chiropractic treatment causes either damage to an artery or stroke.

The consequences of a stroke can be very serious, including significant impairment of vision, speech, balance and brain function, as well as paralysis or death.

### Alternatives

Alternatives to chiropractic treatment may include consulting other health professionals. Your chiropractor may also prescribe rest without treatment, or exercise with or without treatment.

### Questions or Concerns

You are encouraged to ask questions at any time regarding your assessment and treatment. Bring any concerns you have to the chiropractor’s attention. If you are not comfortable, you may stop treatment at any time.

**Please be involved in and responsible for your care. Inform your chiropractor immediately of any change in your condition.**

**DO NOT SIGN THIS FORM UNTIL YOU MEET WITH THE CHIROPRACTOR**

I hereby acknowledge that I have discussed with the chiropractor the assessment of my condition and the treatment plan. I understand the nature of the treatment to be provided to me. I have considered the benefits and risks of treatment, as well as the alternatives to treatment. I hereby consent to chiropractic treatment as proposed to me.

\_\_\_\_\_  
Name (Please Print)

\_\_\_\_\_  
Signature of patient (or legal guardian)      Date: \_\_\_\_\_ 20\_\_\_\_

\_\_\_\_\_  
Signature of chiropractor      Date: \_\_\_\_\_ 20\_\_\_\_

